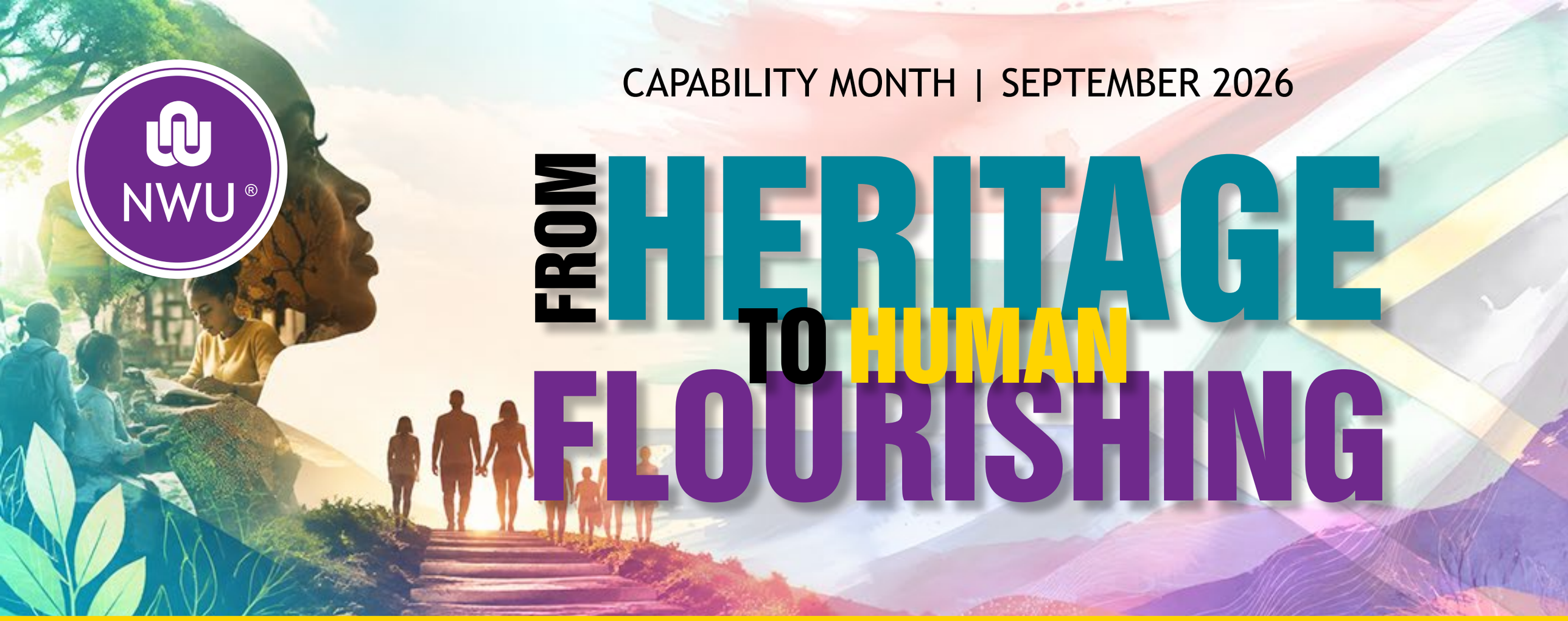

CAPABILITY MONTH | SEPTEMBER 2026

FROM HERITAGE TO HUMAN FLOURISHING

HERITAGE DAY ASKS **WHERE WE COME FROM.**

CAPABILITY MONTH ASKS **WHERE WE CAN GO.**

This September, Optentia explores what becomes possible when people have the **values, opportunities and conditions** they need to flourish.

Rooted in the Capability Approach of **Amartya Sen and Martha Nussbaum** and connected to the Ubuntu principle "I am because we are", Capability Month places human potential at the centre.

Three dimensions. One shared purpose:

VALUES	ENABLEMENT	ACHIEVEMENT
What do we have reason to value?	What makes flourishing possible?	What does flourishing look like?

EVENTS YOU CAN ATTEND (use QR code to register)

3 September — Mentor-Mentee Certificate Ceremony
Celebrating capability development through mentorship.

17 September — Colloquium: *Reimagining Human Flourishing*. Exploring capabilities, Ubuntu and decolonisation in South Africa.

21 September — Burnout Assessment Tool Workshop. With international experts Prof. Wilmar Schaufeli and Prof. Leon de Beer.

22 September — Lecture by Prof. Wilmar Schaufeli Burnout in Higher Education

22 September — Lecture by Prof. Jasper Van Assche. Exploring diversity ideologies, inclusion and the conditions in which capabilities can grow.

23 September — Book Launch: Capabilities at Work Edited by Prof. Jac van der Klink and Prof. Sebastiaan (Ian) Rothmann, Cambridge University Press.

Join Optentia throughout September.

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